

JSC WELLBEING POLICY 2006

Purpose

- To make the school a better place, being healthy, getting along and make the school a peaceful place.
- We need wellbeing because it makes you feel good about yourself.
- We need wellbeing because it makes us feel happy, cheerful and makes us feel safe.
- To better understand wellbeing.
- To better understand ourselves and the people around us.

Guidelines

- Having friends to play with.
- Making sure everyone gets a turn.
- We co-operate in groups.
- Include people more.
- We have wellbeing people such as Bernadette and Robyn.
- We share the playground.

Implementation (Things we want to do.)

- Signs around the school that say positive things.
Students are to design these and have up permanently on school buildings.
- Mini games at playtime and lunch.
Circus, soccer and basketball, four square, marble day.
- Have fruit at school.
Apple Slinkies in classroom, Prep fruit day, bringing fruit each day.
- Healthy Breakfast Day.
- Mum and Dad day. Parents helping us at school.
Dad and kids night, science night, bush dance, sports days, peace picnic.
- Healthy living projects.
- Fun Days.
Fun Fridays with music, circus, dancing, afternoon sing along, electives and the electronic white board games.
- Dress-up days.
Crazy hair day, hat day, pyjama day, peace picnic.
- Peace picnic.
- Supporting Charities.
Out of uniform days for State School Relief Fund, National Special Olympics and Alahna and Madeline Foundation, Speci for Life bought books for children in the Bendigo Hospital.
- Family Old Fashion Sports Day.
Sack races, three legged races.

Resources

- We need to raise money to support our programs and people in need.
- People to organise the activities.
- We need sponsorship for signs and activities.
- Junior School Council with support are responsible to review the Wellbeing Policy.
- Wellbeing people at school to help.

Evaluation

- Junior School Council to look at this policy each time they meet especially the implementation plan.

Budgets

- Are in programs and fundraising by the school community and the JSC.

Review Date : October 2007

Reviewed by JSC

President